Glacier Toole b Hill *Chinook *Shelby C Havre Pendera *Chorad Chouteau *Chouteau *Chou

CENTER FOR MENTAL HEALTH



Purpose of Agency:

To provide the highest quality therapeutic and preventative mental health services to the individuals it serves in Central MT.

Youth Programs:

C4MH serves more than 700 youth ages 18 mos. to 18 yrs old.

- Consultation and Education Services
- Early Childhood Intervention
- Individual and Group Therapy Services
- Youth Summer Program

- CSCT School-Based Programs
- Family-Based (In-Home) Services
- Youth Case Management

Adult Services:

C4MH serves more than 5,000 adults in Central MT

Eligibility criteria:

An application for services can be downloaded on our website or picked up at a location nearest you.

Contact info: Toll-free 1.888.718.2100. Visit our website <u>www.center4mh.org</u> for specific locations.

DIRECTORY FOR MENTAL HEALTH - Great Falls Area

ADMINISTRATION	761-2100
ADULT CASE MANAGEMENT	727-2196
ADULT FOSTER CARE	761-2104
APPOINTMENTS (OUTPATIENT)	761-2100
CENTER WEST transitional living	761-4905
FAMILY-BASED (IN-HOME) SERVICES	761-2100
FOUNDATION	791-9509
GROUP HOMES	761-2104
HUMAN RESOURCES	791-9514
NEW DIRECTIONS RECOVERY CENTER	761-2104
P.A.C.T. Program for Assertive Community Treatment	727-4315
P.A.T.H. Homeless Outreach	761-2104
PEER SUPPORT	727-0425
SCHOOL-BASED CSCT SERVICES	761-2100
SUPPORTED EMPLOYMENT	761-2104
WELLNESS RECOVERY CENTER	727-4315
YOUTH CASE MANAGEMENT	761-2100



Parents Lets Unite for Kids (PLUK)

Purpose of the Agency:

Advocate for children. Empower parents and children.

Key Services Provided:

- Inform
- Training
- Support
- Navigation through the Mental Health field and School System
- Find services and supports
- Online library
- Help with IEP's and other school related issues.

Eligibility Criteria:

Anyone is eligible for services through PLUK. Approximately 30,000 special needs kids in the state are receiving services.

Contact Information:

PLUK

516 North 32nd Street

Billings, MT 59101

Phone: 406-255-0523

Toll Free: 1-800-222-7585

Website: www.pluk.org

North Central Independent Living Services Inc. (NCILS)

Purpose of the Agency:

To provide access to an independent lifestyle for persons with disabilities through advocacy, education, coordination of services and information as directed by consumer need.

Key Services Provided:

- Information and Referral
- Independent Living Skills Training
- Peer Counseling
- Advocacy/Service Coordination
- Rehabilitation Technology and Engineering Services
- Living Well with a Disability Workshop
- Work Incentives Planning and Assistance (WIPA)
- Self Directed Personal Assistant Program

Eligibility Criteria:

To qualify for services through NCILS an individual must have a reportable disability. Information and Referral Services are provided to any individual who requests information.

Contact Information:

1-800-823-6245 Voice/TDD

North Central Independent Living Services Inc. 1120 25th Ave. NE Black Eagle, MT 59414 (406) 452-9834



Montana Vocational Rehabilitation (MVR)

Purpose of the Agency:

The mission of Montana Vocational Rehabilitation is to promote work and independence for Montanans with disabilities.

Key Services Provided:

The types of services provided are based on what you need to get and keep a job. Services may include some of the following:

- Evaluation Services
- Career Counseling and Guidance Services
- Medical or Psychological Services
- Training
- Job Development and Placement
- Rehabilitation Technology
- Post Employment Services
- Referrals

Eligibility Criteria:

You are eligible for Vocational Rehabilitation if you meet all three of the following criteria:

- 1. You have a physical or mental disability
- 2. Your disability prevents you from getting or keeping a job

You want to work and you need VR services to help you get or keep a job

Contact Information:

To gather more information or to apply, ask your teacher to help you schedule an appointment with the MVR counselor who travels to your school. You may also call 1-888-279-7527 (toll-free consumer line), (406) 454-6060(voice) or (406) 454-6080 (TTY) to schedule your own appointment.

Montana Vocational Rehabilitation 201 1st St. South, Suite #2 Great Falls, MT 59405

Great Falls Job Service Workforce Center

Purpose of the Agency:

We are here to develop and maintain a high quality workforce system for the state of Montana that supports and enhances the economic health of the business community as well as a prepared workforce.

Key Services Provided:

- Employment Related Computer Access
- Proficiency Testing
- Veteran Services
- Fax Machine, Notary Public
- Job training programs
- Workshops: Resumes that Work; Interviewing Insight; Jobs Online; Working It Out;
 Basic Computer Literacy
- Resume and cover letter building assistance and critiquing
- · Listing of employment opportunities throughout the region and state
- Business Services
- TTY Machine; computer with JAWS, Dragon Naturally Speaking (voice recognition software), NVDA (Non-visual Desktop Access), scanner and computer monitor screen magnification.
- Disability Resource Coordinator services

Eligibility Criteria:

None

Contact Information:

Great Falls Job Service, Workforce Center

1018 7th Street South Phone: 406-791-5800

Great Falls, MT 59405 TTY: 406-791-5882

Web: jobs.mt.gov or greatfallsjobs.mt.gov

Great Falls Housing Authority

Purpose of the Agency:

Provide housing assistance for moderate to low income families.

Key Services Provided:

Housing assistance for moderate to low income families.

Eligibility Criteria:

Families must meet income eligibility requirements. Applicants must also pass a criminal background investigation and have a favorable rental history.

Contact Information:

Great Falls Housing Authority 1500 Chowen Springs Loop

Great Falls, MT 59405

Phone: 406-453-4311

Greg Sukut, Program Supervisor 406-453-4311 ext. 305

Developmental Disabilities Program

Purpose of the Agency:

Developmental Disabilities Program, Region II Funding for Non-Profit and For-Profit businesses that provide services to those persons determined eligible under the State of Montana Eligibility Definition. Provide funding for services to Children and Adults.

Key Services Provided:

Residential Services (In-Home; Congregate Living and Supported Living)

Day Services (Facility Based)

Supported Employment

Transportation

Respite

Eligibility Criteria:

A disability that is attributable to mental retardation, cerebral palsy, epilepsy, autism or any other neurologically handicapping condition closely related to mental retardation and that requires treatment similar to that required by mentally individuals. A developmental disability is a disability that originated prior to age 18, that has continued or can be expected to continue indefinitely, and that constitutes a substantial handicap of the individual. Eligibility is established on an individual basis, based on the in depth review of psychological information, educational records, medical records, adaptive behavior assessment and other assessment that may be requested.

Contact Information: Staff:

Developmental Disabilities Program	Bruci Ann Hall, Region II Manager
201 1 st St So. #3	Diane Torgerson, Admnistrative Assistant
Great falls, MT 59405	Joe Davidson, Quality Improvement Specialist
	Chris Kliensasser, Quality Improvement Specialist
Phone:406-454-6085	Cherilyn Wilson, Quality Improvement Specialist
FAX: 406-454-6082	Lori Wertz, Quality Improvement Specialist

Cascade County Office of Public Assistance

Purpose of the Agency:

To determine the eligibility of families and individuals who apply for public assistance programs.

Key Services Provided:

TANF (Temporary Assistance for Needy Families) – a cash assistance program for families with minor children in the household;

SNAP (Supplemental Nutrition Assistance Program – formerly Food Stamps) – a program to assist individuals and families with their food budgets.

Medicaid – health care coverage for some low-income individuals and families.

Eligibility Criteria:

Each program has its own criteria. Eligibility is determined by investigating the applicants resources and income to see if it meets established state or federal guidelines.

Contact Information:

Cascade County Office of Public Assistance 201 1st Street South, Suite One, Great Falls, MT 59405

406-454-5640

People may apply online by going to www.dphhs.mt.gov

OPPORTUNITIES, INC.

905 1st Avenue North P.O. Box 2289 Great Falls, MT 59401

Mission Statement:

"To respectfully educate individuals to achieve self-reliance through community support."

Key Services Provided by Opportunities, Incorporated:

Head Start – Children 0 - 5 years – 100% of poverty. Head Start provides comprehensive services to income eligible pre-schoolers and their families. Contact Head Start at 453-5413 for additional information. Head Start is located at 1220 3rd Avenue South.

LIEAP – 200% of poverty – Low Income Energy Assistance Program – Assists eligible individuals with winter heating costs. Contact LIEAP at 761-0310 for additional information. LIEAP is located at 905 1st Avenue North.

Energy Share of Montana – Assists eligible people with home heating emergencies.

Home Weatherization – 200% of poverty – Weatherizes homes for conservation of energy and to reduce heating costs. Client must be signed up with LIEAP.

HUD Housing – Assists eligible households with subsidized housing to increase their quality of life. Contact HUD Housing 761-0310 for additional information. HUD is located at 905 1st Avenue North.

Youth Employment and Training – Assists eligible youth through assessment, skills and job training, education and use of resources. Special emphasis is in services for youth, 14 - 21 years of age. Contact WIA at 761-8462 for additional information. WIA is located at 622 1st Avenue South.

Community Resource Center - 150% of poverty – some grants require 125% of poverty. Services include emergency assistance and referrals to other agencies for housing, transportation, clothing, medical, dental and prescription needs. Food vouchers to St. Vincent de Paul, Salvation Army, FISH and Emilie Center are available through us. Advocacy and help for low-income individuals help them become self-sufficient. Contact the Community Resource Center at 216-2300 for additional information. CRC is located at 1123 Central Avenue.



Purpose of the Agency:

Our mission is to prevent disease and illness, promote healthy choices, and deliver quality health care. Our vision is Healthy People in a Healthy Community

We have a lot of good information on our website which is www.cchdmt.org.

Key Services Provided:

We have 5 divisions and each division provides different services. The Community Health Care Center, Inc. is just like a regular doctor or dentist office except that we take all kinds of insurance including Medicaid and Medicare, and we charge patients without insurance on a sliding fee scale based on how much income they have.

In the Health Department we have programs that help pregnant women and their children. We have home visiting programs and we also have the Women, Infants and Children program that helps with nutrition education and commodities.

People can come to the Health Department to get their immunizations and be tested for sexually transmitted infections.

Sometimes when someone gets an STI we will call that person and talk to them about getting them and their partners treated.

The Tobacco Prevention Program works to:

- Educate on tobacco-health issues associated with use of all forms of commercial tobacco products
- Educate the public on the Montana Clean Indoor Air Act
- Reduce youth initiation to tobacco, and
- Build community awareness of smoke-free venues

Eligibility Criteria:

Anyone and Everyone is eligible to come to our Community Health Care Center, Inc. for medical and dental care. You have to already be a patient to access the behavioral health care. In order to be eligible to be put on the sliding fee scale your household income has to be below 200% Federal Poverty Level. In 2011, a person who makes less than \$1,816 a month would be eligible for the sliding fee scale.

We also have a sliding fee scale for our STD Clinic.

We have the vaccine for children program which allows us to provide immunizations to children between the ages of 0 and 18 for low cost, if paying for them would be a hard-ship.

To be eligible for WIC the Household income has to be at 185% of the Federal Poverty Level or less. In 2011, a family of four making \$3,445 a month or less is eligible to participate in the WIC program.

The home visiting programs are more about the need of the parent/guardian or the child then it is about income eligibility. If a child has a special need or the pregnant woman is at high risk than we provide education and support.

Contact Information:

To make a medical appointment, please call us at 406-454-6973.

To make a dental appointment, please call 406-791-9267

WIC – 406-454-6953

Home visiting or Immunizations – 406-454-6950

Tobacco Prevention – 1-800-QUIT-NOW or 406-452-0881, x307

Our Website is www.cchdmt.org and there are links to email the above programs too.