

MyTransitions Region 5

November 15, 2017

I. Introductions:

Lake/Sanders Youth: Chandler and Parents

Ravalli Youth: Tayler Jones: Hamilton HS taylorjones99@gmail.com;

Missoula Youth: Matt - Mathew Mercer, maghewmerer550@gmail.com;

VRBS Missoula: Jeanne Stone;

Charlo School District: Bethany Manual, bmanuel@charloschools.com;

Jaelee Nelson 18jnelson@gmail.com;

St Regis School: Kasandra Perkins, perkinsk@stregis.k12.mt.us;

Movin On: Liz Peden elizabeth.peden@msu.umt;

Summit IL, INC.

Missoula Mike Beers: mbeers@summitilc.org,

Missoula Jude Monson: jmonson@summitilc.org;

Summit - Ravalli: Kwanle Ngema: kngema@summitilc.org;

II. Announcement:

Next Region 5 MYTransitions Teleconference for Western Montana is scheduled for December 11 at 4 – 5 pm. A regional email invite and agenda will be sent along with the teleconference call in number on December 1, 2017. The people with emails above will be added to the e-mailing list.

The quarterly hour long MYTransitions teleconference calls start with brief reports about what is currently being provided in the seven counties from anyone on the call. We start with Flathead and Lincoln County, Lake and Sanders, Missoula and Mineral and end with Ravalli County. Hopefully at the December 11th meeting we will have some specific Montana Pre-ETS decisions for funding and contracts.

III. Youth overview of the MYTransitions conference & where do they want to go from here:

Mike Beers asked youth questions that Isaac Baldry from region one had put together:

- **What is something that you learned from this youth transitions conference?**

Matt reported: Sharing other people's stories and being able to learn from other people.

- **Chandler:** Learned how to shape attitude and how smiling brightens up other people (from guest speakers 11/15/17)
- **Taylor:** Better improve on how to act upon things, there a lot of different ways to get around in life and that people go through a lot of different phases.

- **Is there anything/anybody helping you with your transitions?:**

Matt: Family preparing him for Adult Education and is getting ready to graduate with a GED.

Chandler: Teachers, parents and scholarships. Thinking in depth about what I would like to do when I graduate. MYLF

Taylor: My mom, Mrs Witt at HHS and helped me with my plan. I am on a VR waiting list to help with my trade school.

- **Is there anything that scares you as you transition?**

Matt: No, I am happy with the resources. Respect is going big and that's pretty good.

Chandler: I exercise and lift. It helps me feel better and not get mad. It also helps me concentrate.

Taylor: I have a bad road rage. My mom taught me to look at what other people are going through and think about what other people could be going through. I have been exercising that. I run and jog and I talk. I am also in a transitions class that helps me with some things that I had going on. It also a fun class.

What can we do better to help you reach your goals, independent living and how you would get there?

Matt: Provide Adult Ed Advocacy

Chandler: I like support and moving forward

Taylor: Keep focused on my goals, share what I learned with other students at Hamilton HS.

- IV. Mike reminded people to come to the next Region 5 teleconference call, with one goal and a tangible deadline on what you'd like to do in your county and or Region as inspired from this conference. Jude suggested it would be helpful to have youth, parents and teachers attend the call. The meeting was set so that it could be after school or at the end of the work day so hopefully more people could participate.