

MYT Job Shadowing Opportunities

In the journey of exploring the world of work, JOB SHADOW opportunities are an effective, meaningful way for students with disabilities to explore their career interests and develop career goals.

Job Shadows are SHORT TERM OBSERVATIONS that introduce students to the world of work, as well as to learn about specific occupations. Because Job Shadows are short, they are a great way for students to experience a wide range of careers choices and work environments in a real and engaging way.

JOB SHADOWS:

- ⇒ Are short-term (typically no more than one day).
- ⇒ Allow students an opportunity to experience “real-life” work in a career field.
- ⇒ Are observations, not employment.
- ⇒ Opportunities for students to observe employees at a specific workplace, ask questions and get a taste for different career options.
- ⇒ Help students understand the connection between the required academic and technical job skills.
- ⇒ Allow students to explore and refine their career interests, which may result in longer term job satisfaction and retention.
- ⇒ Provide employers additional opportunities to help create a stronger future workforce and participate in educational and civic engagement.

Montana Youth in Transition Regional Transition groups are invested in helping youth with disabilities experience a wide variety of Job Shadowing opportunities.

For more information, contact the *MYT* Regional Coordinator in your area.